**Lead Author:** Lindsey Davis  
**Degree objective when research was completed:** Bachelor's  
**Major:** Gender, Ethnicity, and Multicultural Studies  
**College:** CEIS

**Co-presenter(s):** Not applicable

**Faculty Mentor(s):** Dr. Terri Gomez

**Session 7:** University Library - 15-2913  
**Time of Presentation:** 3:00 PM

**Presentation Type:** Oral presentation

**Project Title:** Food: Intergenerational Knowledge and Autonomous Practices

**Synopsis:** This research will provide a case study of a food justice organization dealing with issues of sovereignty and equitable access to healthy food.

**Abstract:** Equitable access to nutritious food is an important topic for food justice scholars and activists. Through community based scholarship, this qualitative study will illuminate food justice practices by providing a case study of an organization’s free food program and its associated youth group whose members derive primarily from within a local lower-income community of color. This presentation will discuss the significance for this organization to work outside of the established non-profit framework as they address issues of food sovereignty and health. The data collection methods include critical ethnography and participant observation, in-depth interviews, and a focus group. Data analysis will involve coding/bracketing based on themes that arise around food sovereignty, indigenous food practices, and intergenerational knowledge transfer. The research questions are as follows: 1. How are food sovereignty practices in this group overcoming the challenges of access to healthy food for low income urban residents? 2. How do indigenous food practices and the idea of food as medicine promote health? 3. How is knowledge about healthy food ways passed on to the next generation? The central focus of this project is to see how food sovereignty and intergenerational knowledge transfer is related to perceptions of health and to provide a model for creative solutions for nutrition access within an urban setting. This work will contribute to the current body of knowledge on the topics of food justice and social movements. This research will use the theories of counterpublics and food sovereignty to frame this case study.